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Dr Rosie Allister has received the British Veterinary Association Chiron Award, the Royal College of Veterinary Surgeons Impact Award, and British Small Animal Veterinary Association Honorary Life Membership for work on veterinary mental health. Rosie is the Consultant Manager for Vetlife Helpline, the 24 hour support service for everyone in the UK veterinary community. She coordinates Vetlife's postvention support service. Her research, based at the University of Edinburgh, looks at veterinary professionals' mental health, wellbeing in transitions, and suicide prevention and postvention. She is on the academic advisory group for Scottish Government for suicide prevention and self-harm, and advises nationally and internationally on mental health and suicide prevention. Rosie has volunteered as a listening volunteer with Samaritans suicide prevention helpline for 21 years, and is a trustee of Samaritans in the UK and Ireland.