



Kristi Artz, M.D., DipABLM, CCMS

**Medical Director of Lifestyle Medicine
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Kristi Artz is a practicing physician and leader within the growing field of lifestyle medicine. She has implemented food as medicine programs focused on diet-related disease prevention and reversal within a large integrated health system, where she founded a medical specialty practice in lifestyle medicine. She applies firsthand knowledge of electronic health records, health system strategy, and payor and value contracting to the application of diet as a vital sign. Artz is board certified in emergency medicine, a specialist of the American Board of Lifestyle Medicine and a Certified Culinary Medicine Specialist® (CCMS®) through Health Meets Food. She is the medical director of lifestyle medicine at Corewell Health. Artz also chairs the patient care subcommittee on the health system advisory board at the American College of Lifestyle Medicine as well as the clinical practice committee of the Certified Culinary Medicine Specialist board. She is a frequent presenter at national conferences on the topics of lifestyle and culinary medicine, food as medicine and health system implementation.