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Mary Ann Baynton is the CEO of Mary Ann Baynton & Associates Corp. where she consults with all levels of government and a diverse range of organizations that include unions, associations and institutions around the world. Her areas of expertise include workplace mental health, psychological safety, resolving conflict and addressing performance concerns. She strives to help people get unstuck, move beyond problems, restore productivity and improve working lives. Baynton is an advisor to both Mindful Employer Canada and My Workplace Health and serves as the director of strategy and collaboration for Workplace Strategies for Mental Health, which produces free resources for all Canadians compliments of Canada Life. She has contributed to many committees, including the Workforce Advisory Committee for the Mental Health Commission of Canada, the Accessibility for Ontarians with Disabilities Act, and the technical committee for the development of the National Standard of Canada on Psychological Health and Safety in the Workplace, which she co-chaired. Baynton is the author of several books, including *The Evolution of Workplace Mental Health in Canada: Towards a Standard*, *Building Stronger Teams*, *Mindful Manager* and *Preventing Workplace Melt-down: An Employer's Guide to Maintaining a Psychologically Safe Workplace*.