



Darla Bishop, Dr.P.H.

**Speaker, Public Health and
Financial Wellness Strategist
FinanSis, LLC
Lansing, Michigan**

Dr. Darla Bishop is a public health professional and financial wellness educator who works with benefits leaders and trustees to improve how employees understand and use their benefits. She focuses on practical strategies that help organizations increase benefits engagement and reduce financial stress without adding new programs or increasing cost. Her work centers on clear communication, better timing, and decision support so that participants can make more confident choices about the plans already in place. Dr. Bishop works with HR teams, professional associations, and employer groups nationwide and is known for delivering highly practical sessions with clear, actionable takeaways.