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Alex Boucher is a principal at Mercer and the national leader of the Total Health Management practice for Canada. Boucher has been active in human resources, health, wellness, benefits and disability management for over 22 years. His career includes leadership in small businesses, large national employers, crown corporations and government departments at the provincial and federal levels as well as with several of Canada's major insurers and benefit providers. A recognized and sought-after expert in wellness, mental health, disability management, workplace attendance and accommodation, Boucher continues to dedicate his career to improving the productivity, health and well-being of the Canadian workforce. He holds a bachelor of science degree in kinesiology from Dalhousie University and a master's degree in organizational management from Crandall University in addition to certifications in systems analysis, ergonomics and well-being.