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Dr. Tracy Brower is a Ph.D. sociologist studying work-life fulfillment and happiness. She is the author of *The Secrets to Happiness at Work* and *Bring Work to Life* as well as a contributor to *Forbes* and *Fast Company*. In addition, Brower is the vice president of workplace insights for Steelcase. She is an award-winning speaker and has over 25 years of experience working with global clients to achieve business results. Brower is an executive advisor to Like|Minded, Coda Societies and the MSU Master Industrial Mathematics Program. She is an executive council member with Design Museum Everywhere and a board member for the United Way. Brower's work has been translated into 17 languages, and she has been featured in TEDx, *The Wall Street Journal*, *Work-Life Balance in the 21st Century*, the *Globe and Mail* (Canada), *Inside HR* (Australia), *theHRDirector* (UK), *T3N* (Germany), *Real Estate Review Journal*, *Fortune*, *Inc. Magazine*, *HBR* (France) and more. Brower holds a Ph.D. degree in sociology, a master of management degree in organizational culture and a master of corporate real estate degree with a workplace specialization.