



## **Shawn Connolly**

### **Director**

**United Firefighters of Los Angeles City (UFLAC)  
Los Angeles, California**

Shawn Connolly has been a member of the Los Angeles City Fire Department (LAFD) for 23 years. He currently serves as a Fire Inspector and joined the ranks as a Firefighter/Paramedic in 2000. In 2020, Shawn was elected as a Director with the United Firefighters of Los Angeles City (UFLAC) Executive Board. In this capacity, he also serves as the UFLAC Benefits Co-Chair where he manages UFLAC's Employee Assistance Program, working closely with Alejandro Zavala, the Director of Behavioral Health Services, to provide members with the help they need. Shawn has taken several classes at various conferences throughout his tenure that have helped him become more understanding and knowledgeable of how a union can effectively support its membership. Over the years, Shawn has attended the IAFF Peer Support Training and the Critical Incident Stress Management Training. Prior to joining the LAFD, Shawn served as a Los Angeles Police Officer from 1995-2000.