

Rob Davenport
Wellness Program Manager
County of Ventura
Ventura, California

Rob joined the County of Ventura in 2018 to serve as its wellness program manager. Prior to joining the County, Rob served as the wellness program manager at NASA's Johnson Space Center. There, he led a program that supported 17,000 employees and 65 companies. He has also managed wellness programs for the County of San Mateo and Pacific Coast Companies and has served as a wellness consultant for Wells Fargo Insurance. As a consultant, he provided numerous organizations with expertise in planning, designing, and continually analyzing their health management programs. He ensures programs have healthy culture and adequate goals, evaluation tools, financial plans, wellness team members, marketing components, and partnerships with health insurance carriers and third-party vendors. Rob has over 30 years of experience in the health and fitness industry. Before joining NASA, he worked for a variety of organizations, including the U.S. Navy, Applied Materials, and the U.S. Olympic Training Center, implementing comprehensive health and fitness programs and building fitness centers. Rob graduated from Ohio University with a bachelor's degree in Sports Science and attended graduate school at the University of Toledo. He wrote his thesis on the effects of sports drinks on plasma volume during exercise. He has earned numerous certifications, including Health and Fitness Instructor through the American College of Sports Medicine.