



Jeffrey Davis, M.A.

Founder, Educator, and Facilitator
Tracking Wonder Consultancy
Accord, New York

Jeffrey Davis is a facilitator, consultant, and founder of Tracking Wonder, a consultancy focused on well-being, attention, and meaning in work and life. He is the author of Tracking Wonder (Sounds True) and writes a regular column for Psychology Today on well-being, creativity, and human flourishing. For over 20 years, Jeffrey has facilitated workshops, retreats, and professional learning experiences for leaders, educators, and community practitioners. His work integrates positive psychology, mindfulness research, and adult learning theory, with an emphasis on practical application and ethical scope. Jeffrey lives and works in the Hudson Valley in New York.