



Megan Diehm

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Megan Diehm is regional vice president of strategic alliances at Espresa, where she leads partnerships that help employers and consultants bring innovative total rewards and well-being strategies to life. With more than a decade of experience in the health tech and employee benefits space, she has built her career connecting organizations with solutions that enhance employee engagement and global well-being. Before joining Espresa, Megan held partnership and business development roles with leading organizations in the digital health and benefits industry, where she helped shape go-to-market strategies and drive employer adoption of modern health and well-being programs. Known for her collaborative approach and deep industry insight, she is passionate about building inclusive benefits experiences that make a meaningful impact for employees.