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Jolynn Gardner has over 25 years of experience in health promotion and public health practice and education. She has worked as a worksite health promotion director and has investigated the effects of stress and coping resources on employee health and job satisfaction. As an educator, Gardner has helped to develop the undergraduate program in public health at American University. She also serves as director of the master of science in health promotion management degree program. Gardner recently co-authored with Robert Wandberg a second edition of a textbook on health promotion curriculum development, *Health Promotion and Education: Content and Curriculum*, published in 2020.