



Jesse Gavin, Dr.P.H.

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Dr. Jesse Gavin serves as the Well-Being Officer for Baylor College of Medicine (BCM). Since implementing its well-being initiative in 2014, BCM has won numerous awards, including the 2018 WELCOA Well Workplace Award, 2019 C. Everett Koop Award Winner, and 2023 C. Everett Koop Award Honorable Mention, and is routinely among the nation's Healthiest Employers Top 100. Jesse received a doctorate degree in public health from UTHealth School of Public Health in 2025. Aside from his role at BCM, Jesse volunteers within various well-being groups and nonprofit organizations in the community. He currently serves as a board member for The Health Project and a livestock committee member for the Houston Livestock Show and Rodeo. Jesse speaks at national conferences on creating healthy workplaces, building connections, and reducing employee burnout. Jesse's research interests include creating foundational and structural organizational changes to empower and engage employees.