

Jesse Greenfield, M.P.H., CHES

Founder, Lead Facilitator and Director of Programming Kaleidoscope Training Center San Diego, California

Jesse Greenfield (they/them/theirs) is an educator, storyteller, and improviser living in San Diego, California. Their approach to health education is deeply informed by their decade of improv experience and centers peoples' lived experiences to co-create personalized, inclusive, and accessible learning. Jesse holds a B.S. degree in biopsychology and a master of public health degree with a concentration in health communication and behavioral science. They are also an NCHEC Certified Health Education Specialist. As co-founder, director of programming, and lead facilitator at Kaleidoscope Training Center, Jesse facilitates applied improvisation workshops to support individuals and teams in improving their spoken and unspoken communication with others, fostering environments of psychological safety and improving flexibility and resiliency. Some groups they have worked with in this capacity include medical professionals, school staff, social workers, queer youth as young as eight, and more. Jesse can support you in creating accessible and inclusive environments through active listening, approaching work and life from a "yes, and..." mindset, and demonstrating how responding compassionately and authentically is vital to effective collaboration.