



**Crystal V. Hover, CEBS**

**CEO and Chief Strategist  
Kitchen Table Consulting  
Los Angeles, California**

Crystal V. Hover is CEO and chief strategist at Kitchen Table Consulting, specializing in creating, executing and resourcing customized wellness and health solutions. She has over 30 years of diverse corporate and public sector experience in the employee benefits field. Hover's background includes implementing, managing and negotiating a wide range of fully insured and self-funded offerings. Previously, she was a vice president/senior client relationship manager with Aon Hewitt's health and benefits practice in Los Angeles. Hover was a member of the executive management team and also part of a group of national subject matter experts on wellness at Aon Hewitt. She holds a bachelor of arts degree from UCLA. In addition to the CEBS certification, she holds a registered health underwriter (RHU) designation.