



Nettye Johnson

**Founder and Program Director
Nettye Johnson Faith and Fitness Services, LLC
Denham Springs, Louisiana**

Nettye Johnson is an author, podcaster and award-winning speaker/teacher, providing science-based, faith-empowered education and resources for productive and balanced wellness living. Johnson's passion is informing and equipping positive, sustainable change. A NCHCEC credentialed health educator, Johnson also holds multiple health coaching and fitness certifications. She is the founder of Wellness Applied, a holistic wellness organization that develops and delivers curated health education and programming for congregations, corporations and community groups. Healthy weight management and self-care strategies are areas of specialty. Johnson is a Robert Wood Johnson Foundation culture of health leader. She also serves as national physical fitness coordinator of the National Baptist Convention, USA Inc. H.O.P.E. HHS Partnership.