



Beth Kelly
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Beth Kelly is a care manager at Wellthy, a market-leading caregiving concierge service providing support to family caregivers and navigation across all phases of life. Beth is on the frontlines, helping employees and their families through the many psychological, social, financial and medical issues they encounter in today's ever-changing health care and mental health climate. For more than 20 years, Beth has worked in various settings, including inpatient psychiatric hospitals, private practices and nonprofit organizations. Her various roles in the last 25 years have included social worker, mental health specialist, certified art therapist, community outreach specialist and social activist. Her approach is to meet people where they are; provide individualized education and accessible treatment resources; advocate and work for systemic change; and actively listen to their concerns and support them with empathy and viable solutions. Beth lives outside of Boston with her husband and their two amazing neuro-diverse children.