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Laura Keniston, M.H.A., has served as the outreach coordinator for the Healthier Workforce Center of the Midwest, a NIOSH Center of Excellence for *Total Worker Health*® since 2016. Her work is focused on developing and disseminating evidence-based resources and best practices for supporting the safety, health and well-being of the workforce. Laura received her M.H.A. degree from Des Moines University and B.S. degree in psychology from the University of Iowa. She has experience working with local employers, case managers, injured workers and occupational health providers to facilitate return to work for individuals recovering from work-related injuries. This experience fueled her passion for protecting the well-being of workers.