



Sarah Matousek, Ph.D., M.P.H.

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Sarah Matousek joined Day Health Strategies (DHS) in late 2014, where she leads a team working on multiple health care transformation initiatives in multiple health care sectors. Matousek primarily contributes to strategic planning/implementation, population health and care management programming, change management, operations and program development. After spending eight years researching Alzheimer's disease in Rochester, New York and then at the Brigham and Women's Hospital in Boston, Sarah studied health policy and management at the Boston University School of Public Health. There, she collaborated with a team at Harvard Medical School to develop and implement a mobile phone solutions program for surgical patients in rural Haiti. She also bolstered her skills in quantitative and qualitative research, operations, strategic management, data analytics and human resources. Matousek is adept at designing, implementing and evaluating models of care for accountable care organizations or other groups working in the value-based care space. Other client work often includes supporting strategic planning and change management during times of change. Matousek has held adjunct and affiliate faculty positions at Boston University's Metropolitan College and at Ariadne Labs. She also recently joined the Board of Directors at Care 2 Communities (C2C), an organization providing primary care services in partnership with the Ministry of Health in Haiti. She holds a Ph.D. degree in neurobiology and anatomy from the University of Rochester and an M.P.H. degree in health policy and management from Boston University.