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Nadia Z. Mazza currently serves as the CDC arthritis and chronic pain project manager with Healthy Aging NC, an initiative of the NC Center for Health and Wellness at UNC Asheville. She earned her bachelor of science degree in kinesiology from the University of Miami and completed her master of public health in health promotion and disease prevention from Florida International University. Mazza has since worked in a variety of roles as a public health research assistant, educator and project manager and is passionate about promoting wellness among adults residing in North Carolina.