



**Meghan McManama**

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Dr. Meghan McManama currently serves as the vice president of clinical operations and communications for Premise Health. She is a dual board-certified nurse practitioner in adult and women's health and is a certified diplomat of the American College of Lifestyle Medicine while also having a diverse clinical background in primary care, women's health and inclusive care. In addition to her work at Premise, she serves as a content editor for the National Certification Corporation. McManama completed her undergraduate education at Boston College, her master's degree and nurse practitioner training at Columbia University in New York, and her doctor of nursing practice degree (DNP) at Northeastern University.