



**Melissa Melnitzer, M.D.**

**Physician and MAiD Provider  
Temmy Latner Centre for Palliative Care  
Toronto, Ontario**

Melissa Melnitzer is a physician and MAiD provider with the Temmy Latner Centre for Palliative Care at Sinai Health in Toronto and holds an academic appointment at the University of Toronto, Temerty Faculty of Medicine, Department of Family and Community Medicine. Dr. Melnitzer has over 20 years of clinical experience supporting individuals, couples and families and is a team lead on mental health and psychosocial support. Prior to practicing home-based palliative medicine, Dr. Melnitzer practised psychotherapy and worked for 15 years in inner city health as part of an interdisciplinary team serving people experiencing homelessness in Toronto's east end and Parkdale neighbourhoods. She is an expert in professional wellness and narrative medicine and has taught thousands of people facilitating Balint and therapeutic writing groups and burnout prevention workshops for health care providers and others in caregiving roles. Her practice draws on mindfulness, self-compassion, and the power of the arts and narrative in healing.