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Lindsey Nanney is the associate director for academic and student affairs within the School of Health and Applied Human Sciences at the University of North Carolina Wilmington. The school is home to the Physical Activity and Wellness program, which is an academic program that is required for all students to successfully complete their undergraduate education. Lindsey developed the curriculum, served as the program coordinator, and wrote an undergraduate textbook on physical activity and wellness. Currently, she teaches numerous physical activity courses each semester within this program.