



Gillian Pieper, M.Ed.

**Director of Health Promotion and Wellness
Vermont Education Health Initiative
Berlin, Vermont**

Gillian Pieper has been a trainer and researcher in wellness, exercise science and health promotion since 1992. Since 1996, Gillian has led the Health Promotion department for the Vermont Education Health Initiative, known as PATH (*Planned Action Toward Health*), helping school worksites design and implement best practice employee health and productivity management programs. She is a certified health cost management specialist with Larry Chapman through the National Wellness Institute. She has completed level II training in intrinsic coaching, is a certified Wellness Culture Coach with Dr. Judd Allen, and has advanced training in dialogue education from Global Learning Partners. Gillian has a B.S. degree in kinesiology from the University of Michigan under Dr. Dee Edington and an M.Ed. in developmental studies and counseling from Boston University.