



Brett Powell

President

**American Institute for Preventive Medicine
Farmington Hills, Michigan**

Brett Powell has been involved in well-being for two decades. He leads one of the most well-respected well-being organizations in the world—the American Institute for Preventive Medicine—as its president. He is also chair of the board of directors of the Michigan Wellness Council. Brett is considered to be one of the nation’s foremost authorities on engaging employees in well-being programs. Due to his expertise, he is a sought-after speaker for conferences and organizations including the Annual Wellness Summit, the Wellness Alliance, SHRM, the Art & Science of Health Promotion Conference, and the American Heart Association. He has also written extensively on the subject, including an article published in the *American Journal of Health Promotion*. He was instrumental in the development of a comprehensive well-being program for the largest insurance company in Peru, the first of its kind in South America. For his efforts and contributions to the field, Brett was voted one of the nation’s Top 50 Health Promoters by the Wellness Council of America (now the Wellness Alliance). Brett’s career is motivated by the prospect of affecting one person’s life in a positive manner, let alone the lives of many.