



Haley Prophet
Fractional Workplace Well-Being Expert,
Strategist and Facilitator
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With nearly 20 years of experience in corporate well-being, Haley Prophet brings a multi-dimensional approach and authentic presence to her strategies for fostering an atmosphere in which individuals, organizations and communities thrive. With a motto of “live well to thrive,” Haley takes a creative approach to evaluating and implementing well-rounded and multi-dimensional whole-person well-being opportunities, through intentional planning and alignment with company and program goals and values. She believes that energy management is where we all can build and practice resilience while prioritizing well-being, ultimately leading to happier, healthier and more productive workplaces and communities. Haley is a presenter, speaker and session facilitator who has received recognition and multiple awards over the years for her work within the workplace well-being industry, impacting many lives in a positive manner. She is a certified workplace wellness program manager, a certified mindfulness facilitator, and a certified resilience and thriving facilitator.