



Elisabeth Prosser, M.D.

**Lead Physician
Carmel Clay Schools Wellness Center
Carmel, Indiana**

Dr. Elisabeth Prosser grew up in northwest Ohio and attended Wright State University Boonshoft School of Medicine in Dayton, Ohio. Prosser has maintained board certification in family medicine since 1992 and ACLM certification since 2017. She has been a member of the American Academy of Lifestyle Medicine since 2015. After enjoying 20 years in private practice, Prosser joined the St. Vincent Health Wellness and Preventative Care Institute in 2012, where she enjoyed being an integral member of the Institute's team that developed worksite offices in Indianapolis and the surrounding area until 2021. Prosser is now working full-time at the Carmel Clay School Wellness Center, providing patient care alongside her wellness team, which includes two other physicians, a dietitian, two exercise physiologists, two licensed clinical social workers, two physical therapists, RNs and LPNs. She also enjoys working directly with the Carmel Clay School administration, Ascension hospital administration and providers of third party analytics, such as Vital Incite, to help provide improved experience for her patients and a healthier workforce for the Carmel Clay School System. Prosser completed her family practice residency at Methodist Hospital in Indianapolis and was in private practice in Midtown Indianapolis for 20 years.