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Lauren is a program manager and human resource professional committed to contributing to a more equitable and inclusive world. She has over a decade of experience in human resources; Indigenous engagement; and diversity, equity and inclusion, predominantly within the post-secondary, telecommunications and energy sectors. Lauren is Cree and of mixed-European ancestry, and she is a citizen of Alexander First Nation in Treaty 6 territory. Lauren holds a master of arts degree in global leadership from Royal Roads University. Lauren has lived in Treaty 7 territory, Region 3 of the Métis Nation in Calgary, Alberta, for her entire life.