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Michelle G. Rhodes, M.H.S., R.N., is an executive coach, keynote speaker, and health media pioneer who empowers women to increase their influence through faith and leadership. She is the founder of *The Color of Wellness Magazine*, a platform driven by health equity and powered by Black nurses. A contributor to GoodRx.com, Michelle is passionate about multicultural well-being and trained at WellCoaches. She holds degrees from Florida A&M University and the University of Central Florida.