



Alyssa Rose

Grief Guide and Ritualist
Alyssa Rose Healing Arts
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Alyssa Rose is an established grief guide and ritualist based in Portland, Oregon. Having worked with thousands of dying and grieving people, she brings an embodied understanding of how grief tending creates lasting wellness and resilience for individuals and communities alike. Drawing from a rich collection of personal and professional experience, ancient ritual practices, spiritual wisdom, and modern somatic therapies, Alyssa empowers her clients to turn toward one another through the vulnerability and uncertainty of deep change. In so doing, a practice of belonging is cultivated, and one's devotion to health and wholeness can be realized. A TEDx speaker and passionate advocate for grief literacy, Alyssa believes that the antidote to our collective loneliness and isolation is radically simple and wildly terrifying—bring together our authenticity as we navigate the raw, chaotic mess of grief. Her work creates the conditions for exactly that, returning the power of grief ritual to the people in service to creating resilient communities capable of societal transformation.