



**Dexter Shurney,
M.D., M.B.A., M.P.H., Dip.ABLM, FACLM**

**Senior Vice President/Chief Medical Officer; President
Adventist Health Wellbeing Division;
Blue Zones Wellbeing Institute
Roseville, California**

Dr. Dexter Shurney is senior vice president and chief medical officer of Community Wellbeing and the Blue Zones Institute for Adventist Health, a faith-based, nonprofit integrated health system serving more than 80 communities on the West Coast and Hawaii. The Blue Zone Institute is a “Living Lab” to create, study and codify best practice—including a lifestyle medicine approach to care—that can be replicated across regions and communities of greatest need. Previously, Shurney held the position of chief medical officer and senior vice president, clinical affairs at Foodsmart by Zipongo, where he led a national food-as-medicine strategy, employing telenutrition solutions to address poor nutrition and food insecurity. Shurney is the immediate past president for the American College of Lifestyle Medicine (ACLM) and continues to serve as board member and in a leadership role in ACLM’s work to address health disparities. He serves on numerous other boards including the Bon Secours-Mercy Health Foundation, the Health Enhancement Research Organization (HERO), the National Association of Managed Care Physicians (NAMCP) and the Population Health Alliance (PHA). Shurney is co-author of the book *Integrating Wellness into Your Disease Management Programs*, a how-to guide for employers that wish to innovate their approach to chronic condition management. He attended Loma Linda University for his undergraduate training and later received his degree in medicine at Howard University College of Medicine. He holds master’s degrees in business and in public health from the University of Detroit/Mercy and the Medical College of Wisconsin, respectively. He is a fellow in the American College of Lifestyle Medicine and is board certified in both preventive medicine and in lifestyle medicine.