



Daniela Spilak

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Daniela Spilak is vice president of healthcare consulting at NFP in Sterling Heights, Michigan. She has over ten years of experience working in health benefits and is currently the lead consultant for ten Taft-Hartley health care trust funds. Through her role, Ms. Spilak's focus is on ensuring clients' ability to provide comprehensive health and welfare benefits and long-term fund sustainability. Her areas of expertise include proactive analysis of benefits, forecasts, pharmacy benefits review, and finding solutions and recommending best practices designed to maximize value for the benefit of the membership. Ms. Spilak regularly speaks on health care trends and sustainability at various trust fund symposiums. Prior to this role, Ms. Spilak worked in hospital administration. Daniela holds a bachelor's of health policy studies degree from the University of Michigan-Dearborn and a master's of business administration from Walsh College.