

Christine Thorpe, Ed.D., Ed.M., CHES®

CEO and Founder Stronger Tomorrow Wellness, LLC Union, New Jersey

Dr. Christine Thorpe (she/her) is the CEO of Stronger Tomorrow, LLC, a workplace wellness company that serves to influence and reshape wellness in organizations through the lens of diversity, equity and inclusion. Stronger Tomorrow focuses on enhancing company culture and benefitting the bottom line through the delivery of measurable outcomes and demonstrated improvements in employee well-being as well as data-driven determinations that lead to tailored programs and services. Dr. Thorpe identifies as a cisgender female who is African American of Caribbean descent or Caribbean American. She is a certified wellness coach, certified health education specialist and certified marriage facilitator with over 22 years of experience in health care and management consulting, higher education administration and human services program development. She also has an extensive background in addressing health disparities. Dr. Thorpe is a board member of the YWCA of Northern New Jersey and member of the Junior League of the Oranges and Short Hills, Mocha Moms, Inc. and Delta Sigma Theta Sorority, Inc. She is also the co-director of Navigating Health Services (NHS), an organization that represents a movement to transform the health sector and to positively impact the lives of the medically underserved in Jamaica and across the Caribbean region through education, advocacy and support. Dr. Thorpe is the author of Living Beyond the Facade: Inside the Health and Wealth Practices of Americans of African Descent and is sought after to speak on health and wealth in diverse families. Dr. Thorpe holds a B.S. degree in psychology from Syracuse University as well as an Ed.M. degree in international educational development and an Ed.D. degree in health education from Teachers College, Columbia University.