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Nick Turkas is the director, external affairs at the Arthritis Foundation, currently overseeing its signature physical activity program, Walk With Ease, and managing relationships with national nonprofits, academic institutions and health care professional societies. As a nonprofit professional with more than 20 years at the Arthritis Foundation, Turkas has successfully designed and managed local, regional, and national programs and services with measurable results. He has earned a bachelor's degree in public relations and a master's degree in human services management.