



Tricia A. Van Vliet, CPA

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Tricia Van Vliet is a consultant to ERISA plan sponsors providing internal control solutions and financial statement audit support. She is also a professional speaker, course developer and educator. Her career as a CPA has spanned nearly three decades in, and supporting, the public accounting industry. Van Vliet worked for nearly 20 years at BDO USA LLP where she was a national assurance director. She went on to impact the profession as a whole in five years as a technical manager at the American Institute of CPAs where she worked with various standard-setting bodies and task forces. In October 2020, she created The Wellness CPA PLLC with a mission to shape a healthier future for CPAs and positively impact lives threatened by anxiety, depression, and burnout. Her work started with the development of a college-level learning program, "Beyond Balances: Accounting for a Career Journey Lived, Not Survived," which reinforces technical accounting and auditing concepts while building an awareness of practices to maintain overall health and wellbeing in an ever-evolving and heavily scrutinized profession. Beyond Balances led to amazing opportunities in 2021 as she became an adjunct professor and published author in a global collaborative book project, "Enough: Unlock a life of abundance starting right where you are," with 15 other authors from around the world. Van Vliet is licensed as a CPA in Michigan and North Carolina.