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Dr. Nina Vasan is a clinical assistant professor of psychiatry at Stanford and the founder and executive director of Brainstorm: The Stanford Lab for Mental Health Innovation, where she partners with leading technology companies to build safer, healthier AI and social media ecosystems. A longtime observer of the digital world—she joined Facebook in its second week (User #1110)—her work now shapes platforms used by millions, helping Pinterest design “compassionate search,” which has grown to 23 countries, and guiding TikTok in healthy screen-time management. Dr. Vasan developed The New York Times–featured Stanford Social Media Safety Plan (Stanford SMS) and The Wall Street Journal–featured Stanford GenAI Psychological Safety Plan (Stanford GPS), practical frameworks that guide responsible AI design and use. She partnered with Common Sense Media to publish landmark reports on social AI companions and mental health red-teaming. She created the first clinician guide to talk to patients about AI use. Stanford Brainstorm also partnered with MLCommons to establish the first mental health safety benchmarks for LLMs. A former chief medical officer of Real, she has advised U.S. presidential campaigns, the United Nations, and World Health Organization. She co-authored the #1 Amazon Best Selling book *Do Good Well: Your Guide to Leadership, Action, and Social Innovation*, praised by Nobel Peace Prize Laureate Muhammad Yunus as “the primer for social innovation.” She graduated from Harvard College, Harvard Medical School, and Stanford Business School, and she completed her Stanford Psychiatry Residency as a chief resident.