



Maddie Winegard

Training and Development Specialist

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Maddie Winegard (she/her) is a Training & Development Specialist II at University of Illinois Hospital and Clinics (UI Health), where she supports employee engagement, recognition, learning, and workplace well-being initiatives. She plays a key role in coordinating and developing UI Health's Revitalize wellbeing program, creating wellness experiences and resources that make well-being approachable, relevant, and engaging for employees.

With a background in education and a passion for creating meaningful experiences, Maddie brings a people-centered approach to workplace wellness. Her work focuses on developing programs that encourage employees to prioritize their well-being while fostering connection and engagement across a large and diverse healthcare workforce. She uses employee feedback and participation data to continually strengthen wellness programming and create experiences that meet employees where they are.

Outside of work, Maddie enjoys staying active, especially through walking and golf, and loves cooking, trying new recipes, and exploring Chicago's restaurant scene.