A WORKPLACE WELLNESS MAKEOVER TOOL KIT



SIMPLIFY AND TAILOR TESSAGES to employees in specific

categories such as health status and stage of life.

[Read Full Article—NewsBriefs]

REVIEW THE RESEARCH



Flu Shot Programs

Health Risk Assessment

% Health Coaching

% Onsite Fitness Centers or Subsidized Fitness

Weight Management Programs

[Read Full Survey—Employee Benefits Survey/2018 Results] Membership Required

REMOVE BARRIERS TO ENGAGEMENT



Why Employees Dislike Wellness Programs and How to Change Their Mind-set

> [View Webcast] Membership required



What's Working (and What's Not Working) in **Financial Wellness programs!**

[Read Full Article—Benefits Magazine]



EXPAND YOUR LEADERSHIP UNDERSTANDING

of the business impact of health and well-being on the organization.

[Read Full Article—Benefits Quarterly]

CHALLENGE YOUR **EAP** to step up, customize and deliver results.



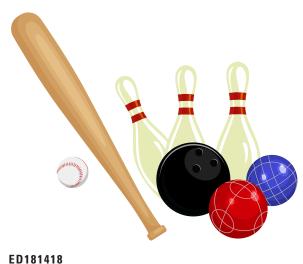
Rebrand Your EAP to Eliminate the Stigma and **Increase Utilization**

> [View Webcast] Membership required

BOOST PARTICIPATION AND ENGAGEMENT

ADD a little something for everyone!

[Read Full Blog—Word on Benefits]



15 technology trends that can elevate your wellness program

[Read Full Article-Benefits Magazine]

