

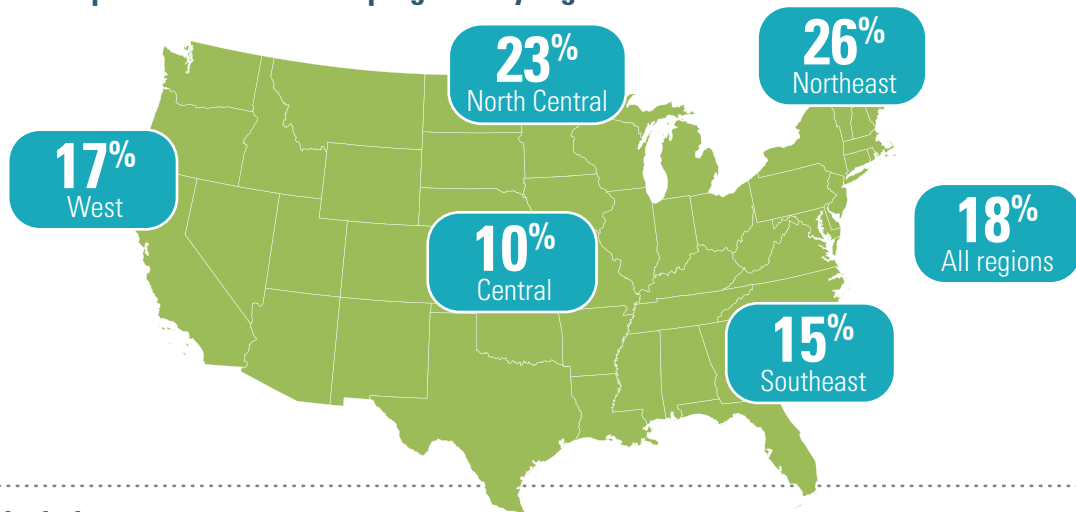
quick look

wellness programs

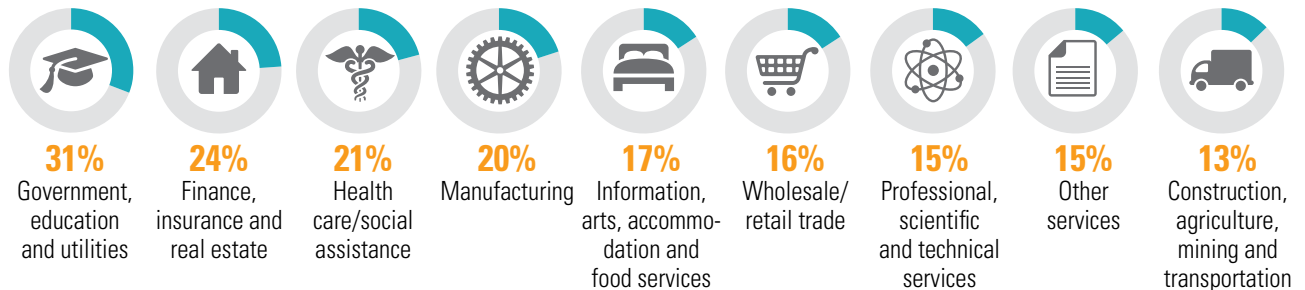
While 18.4% of all U.S. employers offer comprehensive wellness programs, they are more prevalent in some parts of the country and among certain industries, a recent survey shows.

According to the United Benefit Advisors *2016 Health Plan Survey*:

Prevalence of comprehensive wellness programs by region

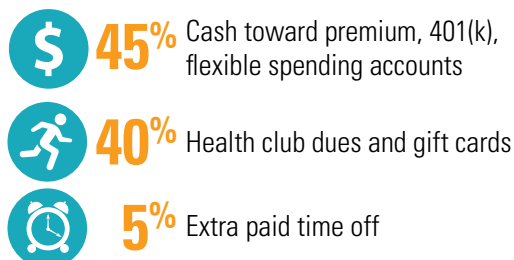


Prevalence by industry

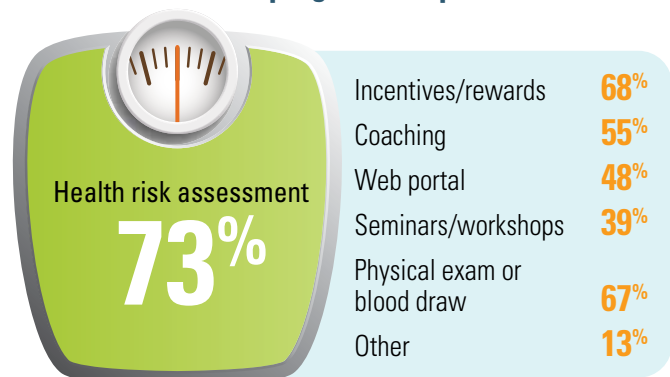


Percent of employers offering wellness incentives in 2016 **68%**

Preferred wellness incentives



Common wellness program components



Source: United Benefit Advisors *2016 Health Plan Survey*.