

quick look

wellness trends

The vast majority of employers in the United States continue to offer at least one wellness initiative, but the rationale for doing so is evolving. Nearly three-quarters of organizations (72.7%) say they offer wellness programs primarily to improve overall worker health and well-being, as opposed to 27.3% citing a primary aim of controlling/reducing health-related costs. Some broad results of the International Foundation report *Workplace Wellness Trends: 2017 Survey Results*, which is covered on the previous pages, are shown below. The 530 survey responses included 431 from U.S. organizations, and the data below focus on U.S. results.

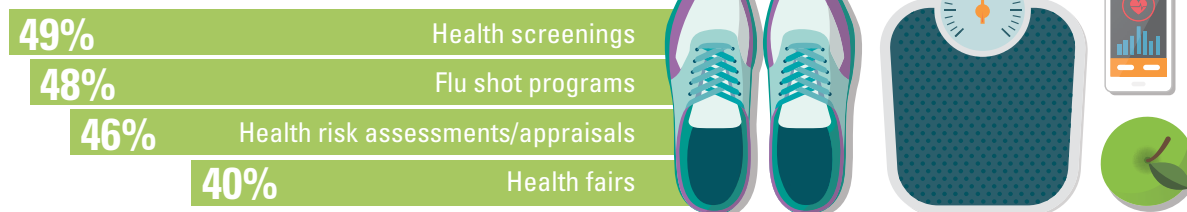
Wellness Budgeting



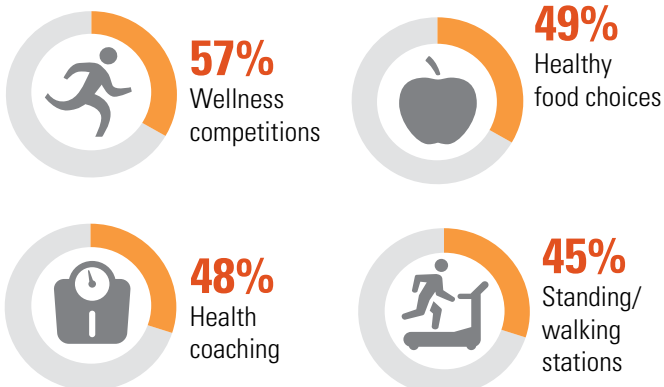
Screening and Treatment Initiatives



Highest Average Participation Rates



Fitness and Nutrition Initiatives



Positive Impact of Wellness Initiatives

