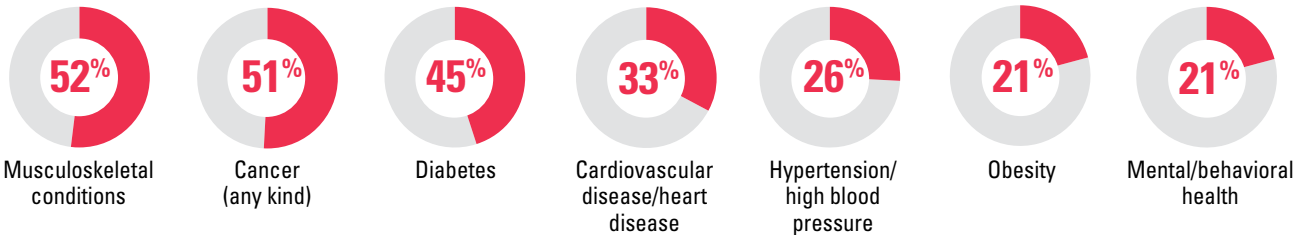


# quick look

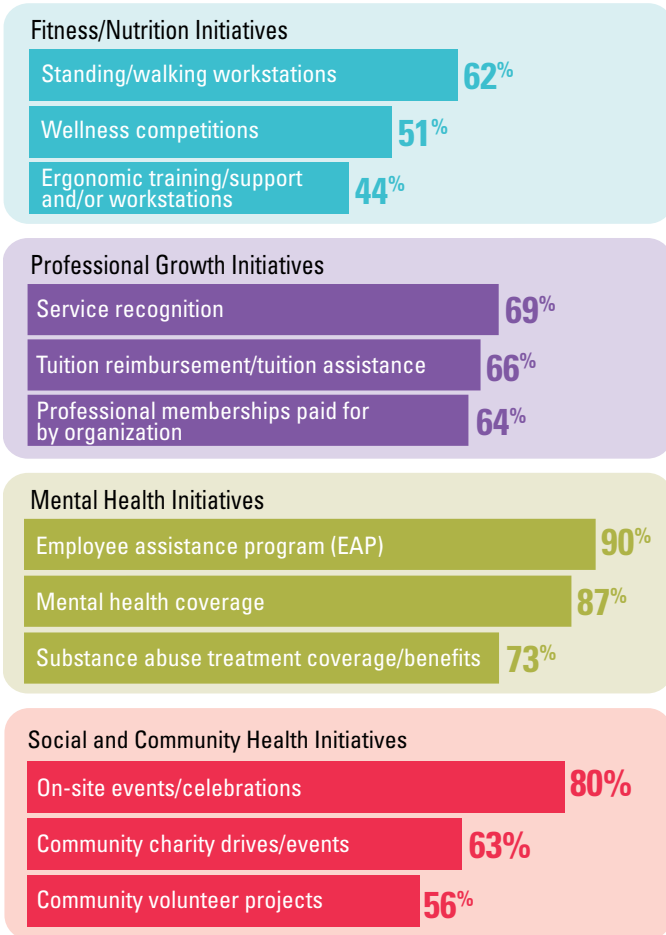
workplace wellness

Most organizations offer at least one wellness-related benefit—from flu shots to wellness competitions—according to the new International Foundation report *Workplace Wellness Trends: 2019 Survey Report*. The survey found that four out of five organizations in the United States and Canada offer wellness benefits to employees and plan participants either through a formal wellness program or as part of their employee benefit offerings. The survey received 619 responses, including 492 from U.S. organizations. The data below reflects responses from U.S. organizations.

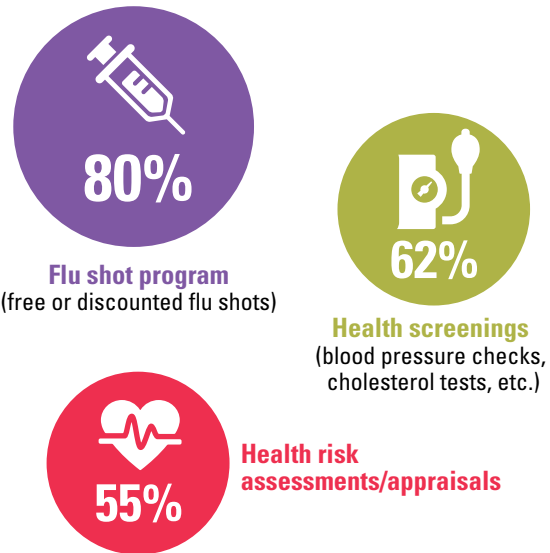
## Conditions With Greatest Impact on Overall Health Care Costs



## Common Wellness Initiatives Offered



## Flu Shot and Health Screening Offerings



\*Workplace Wellness Trends: 2015 Survey Results (data collected in 2014)

